

July / August 2019



## Summer Holiday

Life tends to slow down during the holiday period, especially in church life. Many ministries take a well earned break and provide an opportunity for tired volunteers to recharge their batteries. Summer also enables many families to get away, relax and take things a bit easier.

Life tends to slow down in the summer, and the temptation toward laziness (especially in our spiritual lives) reaches an all-time high. While holidays present us with a wonderful and much-needed time to refresh, we shouldn't let our relationship with God fall to the wayside and let bad spiritual habits creep into our lives.

In our study in 1 Timothy on Sunday mornings we have been challenged by the following words in chapter 4 verse 7: '...train yourself for godliness.' Our lives should be marked by a constant desire to grow in godliness and so we need to be continually committed to the spiritual disciplines of the christian life, even during the holiday season.

This summer, let us all take physical rest and relaxation seriously, but make sure we don't neglect our spiritual lives. Instead, use the extra time and opportunities we may have to invest in our spiritual growth. Take time to read your Bible and pray, keep attending church, even on holiday and do something you don't normally have time to do, like read a christian book or go on a mission team.

May this summer be a time of physical and spiritual refreshment in all our lives.

**Peter Lawther**

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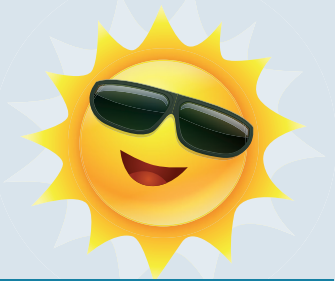
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## Summer Mission Team Prayer Diary

# Summer Teams



Please pray for the following people and teams and accept our apologies if we have left anyone off the list by accident.

### Portballintrae CSSM 29th June - 12th July

Benjamin McKay  
Hannah McKay

### Portstewart CSSM 29th June - 13th July

Elin Baird

### Donemana BYE Team 13th July - 21st July

Benjamin McKay

### Peru Team 18th July - 4th August

Alex Boyd  
May Green

### Kilkeel Baptist Youth Camp 20th - 27th July

Mark & Claire Thompson  
Peter & Joanne Lawther  
Tammy & Aaron White  
Kim & Trevor Jordan  
Joel White  
Emma Millar  
Benjamin McKay  
Jordan Blain  
Danielle McAllister  
Rachael McAllister  
Tori McAllister

### Millisle Baptist Youth Camp 27th July - 3rd August

Ian & Kerry Courtney  
Paul & Emma Savage  
Heather & Gavin Martin

### Crosslinks Senior Camp 28th July - 3rd August

Jonny Kirk

### CBC Holiday Bible Club 29th July - 4th August

Large team of volunteers from the church